

# GLB 291

Global Food and Hospitality:  
Cuisine, Culture and Perspectives

Spring Semester 2026





## 3 CREDIT COURSE

Satisfies your CDP Core Global & Cultural Diversity Perspective elective (or Open Elective)

Meets (mostly) virtually during the 2<sup>nd</sup> 8 Weeks of the Spring Semester to prepare for travel to Italy

Global Experience:

May 19 to June 3, 2026 in Italy!  
(2 Travel Days plus 14 days in Italy)







**2026 REGIONS:**  
**NETTUNO - ANZIO,**  
**FERRARA, ASTI, &**  
**SALSOMAGGIORE - PARMA**

Plus Cultural Tours in Rome,  
Venice, & Turin!



# YOUR INSTRUCTOR FOR THE COURSE

Chef Charles Niedermeyer, Penn College Baking  
and Pastry Arts Faculty

Assisted Chef Trometter in May 2024 and only  
got lost once!

Point person for questions and interest

Email him: [cniederm@pct.edu](mailto:cniederm@pct.edu)



# CULINARY SCHOOL VISITS & HANDS ON COOKING & BAKING CLASSES INCLUDED - ALL MAJORS WELCOMED!





## ESPRESSO RECOMMENDED!

It's a busy 14 days in Italy -

Every region visited includes a tour guide who handles all of our travel and arrangements.

Every day has 1 or 2 scheduled activities. There is some free time to explore as well.



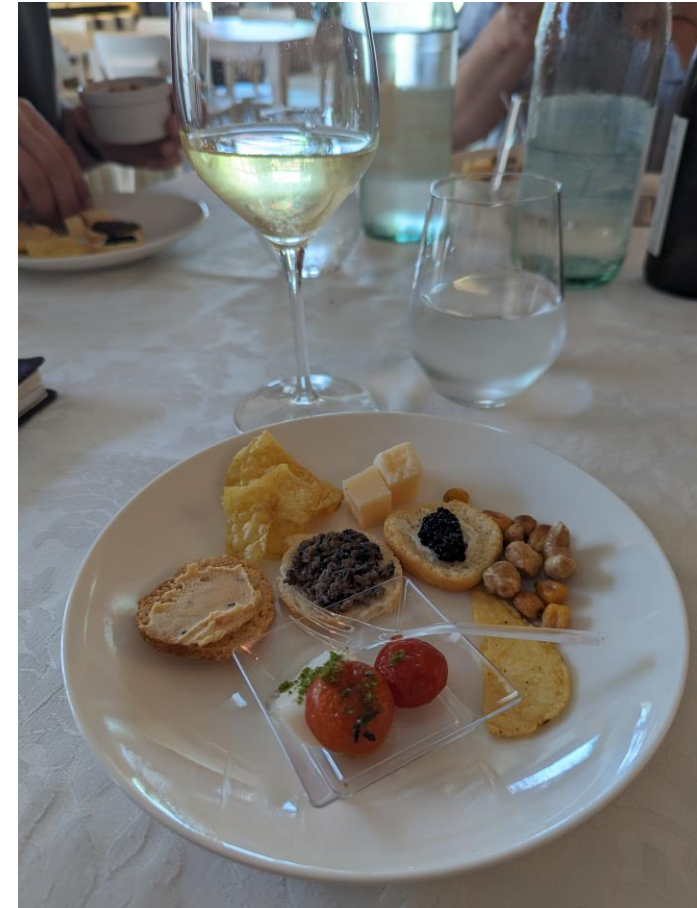




## WINE TASTING IN ASTI



# TRUFFLE HUNTING & TASTING AT TARTUFLANGHE







**TRADITIONAL  
PROSCIUTTO DI  
PARM**



# AND OF COURSE, PASTA!







## **HISTORICAL & CULTURAL TOURS**



# THERE IS SOME FREE TIME TO EXPLORE







# TRADITIONAL PARMIGIANO REGGIANO



## **NEW FOR SPRING 2026**

The itinerary is being finalized now (and is subject to minor changes), but plans include:

- Mozzarella di Bufala Sustainable Farm Visit
- Stay in Ferrara Region
- Baking and Pastry Class in Ferrara
- Cooking Class in Salsomaggiore
- Cultural Visit to Cinqueterre (Five Villages)
- Agrifarm Rice Producer Tour (Rice Paddies!)



## **INTERESTED? MAKE A PLAN WITH YOUR ADVISOR NOW!**

- Build GLB 291 into your Spring 2026 plan.
- Mark your calendar with May/June travel dates.
- Begin to make financial arrangements. The cost per student is expected to be between \$5,447 and \$5,975 and is based on the number of students that enroll. This includes your airfare, hotels, travel, scheduled activities and most meals.
- Financial aid, student loans, and other academic funds can be used. The additional cost is added to your Spring 2026 tuition bill as a lab fee.
- See Chef Charles with questions.
- And talk to students that went last year!!!