

Release and Acknowledgment

In consideration of the acceptance of my entry, and intending to be legally bound, I hereby, for myself, my heirs, my executors and administrators, do waive, release and discharge all rights and claims which I may have, or which may hereafter accrue to me or my property, against the Russ Trapp Memorial 5K committee, Pennsylvania College of Technology and its directors, officers, faculty, staff, and students; City of Williamsport, all named and unnamed sponsors and volunteers, while traveling to and from the race, participating in the event, using any and all facilities, for any and all injuries and damages suffered by me or my property in this event. I understand that my part in this event can result in injury to myself and my property. I hereby attest and affirm that I am medically able, equipped and properly trained for this event.

Signed: _____

Name (print): _____

Date: _____

If under 18 please also have parent or Guardian sign below:

Signed: _____

Name (print): _____

Date: _____

Address Correction Required
Pennsylvania College of Technology
Physician Assistant Program
One College Avenue
Williamsport, PA 17701



RUSSELL M. TRAPP MEMORIAL 5K JINGLE WALK/RUN

Pennsylvania College of
Technology
Physician Assistant
Program

December 6, 2008



Phone: (570) 320-2400 ext. 7323
Email: lawcal94@pct.edu





General Information

Date: December 6, 2008

Start Time: 10 a.m.

Registration Time: 8:30-9:45 a.m.

Location: Pennsylvania College of
Technology, Main Campus

Registration Cost:

\$15.00 -- if received by 12/1/2008

\$18.00 -- if received after 12/1/2008
or on site

T-shirts for non participants: \$15.00

Cash or Check Only:

Please make checks payable to
PCT-PA Club

Awards:

Awards will be given to the top two male
runners, top two female runners, top two male
walkers and top two female walkers.

This race is held in memory of
Russell M. Trapp, founder of the
Physician Assistant Program at
Pennsylvania College of
Technology. Net proceeds from
the run will be permanently
restricted in the Russell M. Trapp
Physician Assistant endowed
scholarship fund.

The route is as follows:

- Begin at the Maynard Street entrance on
Hagan Way
- Turn left at the stop sign onto College
Ave.
- Turn right at the next stop sign onto
College Ave.
- Take a slight left to go through the
parking lot
- Continue to the end of the parking lots,
then turn right to follow the edge of the
lot.
- Turn left onto College Ave.
- Turn right at the stop sign onto Rose
Street
- Turn left onto W. Third Street
- Continue on W. Third to the top of the
bridge.
- Turn around and continue the same
route as previous.

Registration Form

Name: _____

Address:

Phone: _____

Age: _____

Gender: Male Female

Entry Type: Runner Walker

T-shirt Size:

S M L XL XXL

A free t-shirt will be given to the first
100 registrants.

- ✓ Please read and sign the
waiver on the back of this
form, detach and mail to:

Russ Trapp 5K Memorial
Jingle Run
c/o Paula Holmes/PA Club
Pennsylvania College
of Technology
One College Avenue
Williamsport, PA 17701